

Dear Friends:

As President of the Mental Health Association, I would like to take a moment to reflect on the rich history of the Mental Health Association. For over 50 years the Association has stayed true to its mission, to promote an environment of empowerment and acceptance for all people dealing with mental health issues through advocacy, education, and support services. We foster opportunities for growth, recovery, inclusion and most importantly HOPE.

Over the past two years during the pandemic the dedicated staff have stayed committed to serving the residents during some very difficult times, Dave Jenco, Executive Director, has provided leadership and many time hands on staff coverage.

As President of the Mental Health Association Board of Directors I wish to personally thank our devoted board members for their contributions and steadfast dedication.

Looking forward to the future embracing our vision of providing a community of acceptance, embracing change, and providing opportunities and assistance on consumers to reach their full potential,

In closing, I wish to congratulate our award recipientst Your contributions to the community are invaluable. I look forward to the continued success of the Mental Health Association,

Sincerely



Mary Lynn Spilak  
President

Mental Health Association

